

Transforming Prayer Pre-Appointment Information & Confidential Personal History

The following information will help you to understand and prepare for your Transforming Prayer Ministry (TPM) prayer sessions.

This Confidential Personal History (CPH) has a double purpose. It is a preparatory step for you, by helping you focus on issues to pray about as you go through Transforming prayer. It will also help your Facilitator prayerfully prepare for your appointment.

Transforming Prayer Ministry Appointment Explanation:

During your appointment(s), a Facilitator will assist you in prayer to:

- Go to a memory where you first experienced the painful emotion that has surfaced
- Uncover any core beliefs (lies) you believe as a result of the event
- Offer the exposed lie to God to receive His truth
- Choose whether or not to believe God's truth rather than the lie you are believing

If you choose to believe God's truth, the reaction will be neutralized. Pain that is associated with that reaction is healed since the untrue core belief is removed.

Two initial appointments will be set up for you. Appointments are typically 1½ to 2 hours in length.

God will be present and active during your TPM prayer sessions. He will facilitate the discovery and healing. We commit the time to His agenda in your life.

Completing Required Confidential Information:

Complete and send the attached Confidential Personal History (CPH) to:

**Director of Transforming Prayer Ministry
New Hope Church
4741 Zealand Ave. N.
New Hope, MN 55428**

If you do not hear back from us within two weeks of sending us this completed paperwork, please contact the Director of Transforming Prayer Ministry at 763-971-5119.

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Personal Preparation

The focus during your Transforming Prayer session will be on your willingness to access your emotional pain and let it take you to memories where you felt the same way. The suggestions below will help you to prepare for your appointment:

- ❑ Begin reading *Healing Life's Hurts* by Dr. Ed Smith. You can check out a copy from the Care Ministries Transforming Prayer office (call 763-971-5119) or from the NHC library on Sunday mornings. The first three chapters of this book are available as a free download at www.theophostic.com
- ❑ Ask spiritual friends, mentors, pastors, etc., to pray for you during your prayer sessions. God listens to those who intercede on behalf of His children.
- ❑ Find out more about this prayer ministry technique by visiting the website: www.theophostic.com
- ❑ Read *The Essentials of Transforming Prayer Ministry* article (enclosed or downloadable at newhopechurchmn.org/tpm)

Other Resources and Opportunities

- ❑ A Freedom Appointment may enhance your spiritual journey before or after your Transforming Prayer Ministry prayer sessions. A Freedom Appointment addresses seven areas of life where Satan most often takes advantage of us, and will help you do a general "spiritual housecleaning." To learn more about this, call the Director of Freedom & Transforming Prayer Ministries at 763-971-5119, and indicate your desire to have a Freedom Appointment. You may use your current Confidential Personal History (CPH) for this appointment.
- ❑ If you've already had a Freedom Appointment, please review the "seven areas of life" on your own (from your *Steps to Freedom* paperwork) to ensure that you've done what you can to prepare yourself for God's leading and healing in your Transforming Prayer sessions.

God may bring more issues to mind during your appointments. Come ready to be totally open and honest in order to gain the greatest possible help. It is normal to sense some apprehension as you anticipate your appointments, but you will find an atmosphere of love and acceptance there.

If you have any questions or concerns, please don't hesitate to contact the Director of Transforming Prayer Ministry at 763-971-5119.

Encl:

- Transforming Prayer Ministry information card
- CPH Form to be completed
- *The Essentials of Transforming Prayer Ministry* article