



## LIFE GROUPS DISCUSSION GUIDE

October 25, 2020

### **FORSAKEN** Psalms 22

#### **CONNECT**

1. Take a look at Psalm 22:1–2. Can you relate to what David was feeling? When have you experienced those kinds of questions toward God?

#### **CELEBRATE**

2. Is the idea of lamenting something that you're familiar with? When you feel alone or forsaken, do you lament to yourself? To others? To God?
3. King David laments deeply, but he doesn't stay there. Notice in verses 3, 9 and 19 the connective words "yet" and "but." What things anchor him and pull him out of his despair?
4. In verses 4–5, David finds solace in God's faithfulness to others. Who have you seen suffer well to the glory of Christ? Share some brief stories where you've seen God bring deliverance to those who trusted Him.
5. Read Psalm 22:12–18 alongside Matthew 27:27–50. In what specific ways does Jesus fulfill this psalm?
6. Look at 2 Corinthians 4:7–11. How does Christ's death give us hope when we feel forsaken?

#### **CONTRIBUTE**

7. There are many Christians who face immense persecution. Take some time to pray for them together.
  - **5 Ways to Pray:** [opendoorsusa.org/christian-persecution/stories/5-powerful-prayers-persecuted-scripture/](https://opendoorsusa.org/christian-persecution/stories/5-powerful-prayers-persecuted-scripture/)
  - **Additional Resources:** [persecution.com](https://persecution.com)