



LIFE GROUPS DISCUSSION GUIDE

November 8, 2020

LIFT UP YOUR HEADS Psalms 24

CONNECT

1. We often celebrate that God is on the throne, ruling the universe. In light of the election, how does this thought make you feel today? Share around the group.

CELEBRATE

2. Read Psalm 24:1–2 aloud. Why does the earth belong to the Lord? What implication does that truth have over your life?
3. God did what we could not so we can stand with Him forever. Read Psalm 24:3–6. Where does righteousness come from? Who receives it? Why do they receive it? (See Romans 3.)
4. When Jacob wrestled God, he marvels that he saw the face of God and lived. Jacob did not live a perfect life, but he highly valued God's blessing and favor, seeking it over anything else. Look back over your prayer life for the past month. How eagerly have you sought for God's blessing on your life? How might your life change if you sought it more?
5. Likewise, how eagerly have you sought God's presence over the past month? How could your life change if you sought His presence more?
6. While David affirms that God is in control, he wonders aloud who can ascend the hill of the Lord. Read Psalm 24:3–6. Who can? Who chooses whether you can draw near to God?
7. Read Psalm 24:7–10 aloud, as boldly as you can. Why are these verses good news?
8. Read 1 Corinthians 2:8. Who is the King of glory in Psalm 24? Who is Psalm 24 speaking to that they should open their gates for the King of glory to enter in?
9. Read Romans 8:24 & Hebrews 7:25. What is the King of glory doing for you right now? How should that affect the way we live our lives?

CONTRIBUTE

10. In the wake of the election, our hearts have been stirred up—for some in good ways, for others in painful ways. Consider those in your life who are hurting. How can the message of Psalm 24 encourage them? How can it redirect our hearts?
11. In light of who our King of glory is, how can we, in the wake of this election, seek for healing in our country? How can Christians love across the divides that everyone else seems to widen?