



Sermon on the Mount
ALL FOR HIM



Life Groups Discussion Guide
March 8, 2020

THE POSTURE OF PRAYER Matthew 6:5–8

CONNECT

1. Describe your conversations (prayer) with God. What kinds of things do you regularly pray for? What are some of the challenges you run into when it's time to pray?

CELEBRATE

2. Matthew 6:5 reminds us that we should not pray like those who seek to be seen by others. In what way do you see people doing this today? Give thought to things like public expressions and social media.
3. As Jesus did in Matthew 6:2 & 6:16, in Matthew 6:5 Jesus tells us that those who pray to be seen by others have received their reward. What is that reward and how does it leave any of us wanting?
4. In Matthew 6:6, Jesus talks about going into your room, shutting the door and praying to God. Clearly, there is a sense that privacy before the Father matters. Talk about ways you step toward private communion with God. Also, and significantly, speak to having this "private posture" in the context of community—within a public sphere.

CONTRIBUTE

5. How do you engage the world around you with a prayer posture that embodies Matthew 5:16 without falling into the concern of Matthew 6:5?
6. Jesus reminds us in verse 8 that God knows our needs. What need are you asking God to meet for you and for our community?